

# HARROW EAST PCN FLU DROP IN CLINICS

## Are you registered at one of these Practices?



Dear Patient,

We are pleased to announce that this year **Harrow East Primary Care Network (PCN)** will be holding flu drop in clinics at Canons High School for patients registered with any of our three practices: **Honeypot Medical Centre, Bacon Lane Surgery and Mollison Way Surgery.**

While all three practices will still continue to offer flujabs in their own practices, in addition this year, we will be offering flujabs across several weekends in Canons High School. There will be both walk in access, for those who can arrive on foot and drive through access for those unable to walk or stand for their vaccine.

Those eligible to attend will be all patients aged over 65, or patients under 65 who are in an 'at risk' category – see next page for details.

While COVID-19 has had an impact and put limitations on all our lives, it is particularly important, now more than ever, that all patients in the eligible groups have their routine flu vaccine. Vaccines protect against serious and potentially deadly illnesses and stop outbreaks in the community. Flu vaccines are especially important to protect people at risk as we head towards winter.

Please note that we have been instructed by NHS England that people in the 50-64 year old age group will not be vaccinated until November and December, providing there are sufficient vaccines and no vaccinations will be offered for this age group until then. This is to ensure that those who are most at risk are vaccinated first.

### When will the flu drop in clinics be held?

- **Saturday 12<sup>th</sup> September - 10am to 4pm – patient 65 and over**
- **Saturday 19<sup>th</sup> September - 10am to 4pm – all eligible patients (see next page)**

### Where?

- **Canons High School, Shaldon Road, Edgware, Middlesex, HA8 6AN  
(Off Camrose Avenue – see map overleaf)**

### Who can attend?

You **must** be registered at one of the 3 Practices in Harrow East PCN:

**Honeypot Medical Centre, Bacon Lane Surgery and Mollison Way Surgery.**

- You must be eligible for an NHS flu vaccine – see below
- You **MUST NOT** have any of the main coronavirus symptoms
  - a high temperature (you will have your temperature taken on arrival)
  - a new, continuous cough
  - a loss or change to your sense of smell or taste

### What should you do if you need a flu vaccine but cannot attend these drop in sessions

- You can still attend your GP practice as normal, by appointment
- If you are housebound, please inform your GP practice and arrangements will be made for you to have your flu vaccine at home

## Patients Eligible for the flu vaccine - You should have the flu vaccine if you:

- are 65 years old or over
- are pregnant
- are living in a long-stay residential care home or other long-stay care facility
- receive a carer's allowance, or are the main carer for an elderly or disabled person whose welfare may be at risk if you fall ill
- live with someone on the NHS shielded patient list
- Have certain medical conditions, e.g.
- Chronic Respiratory diseases, such as asthma (that requires an inhaled or tablet steroid treatment, or has led to hospital admission in the past), chronic obstructive pulmonary disease (COPD), emphysema or bronchitis
- Chronic heart disease, such as heart failure
- Chronic kidney disease
- Chronic liver disease, such as hepatitis
- Chronic neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), or cerebral palsy
- A learning disability
- Diabetes
- Problems with your spleen, e.g. sickle cell or if your spleen has been removed
- A weakened immune system due to conditions e.g. HIV and AIDS, or medicines e.g. steroid tablets or chemotherapy
- Being seriously overweight (a BMI of 40 or above)

## What do you need to know?

- Arrive on foot if you possibly can. Parking is available nearby at The Hive Car Park, Camrose Avenue, HA8 6AG .
- Please avoid parking on Shaldon Road or Bridgewater Gardens if possible.
- Please wear suitable clothing where you will be able to quickly expose your upper arm to receive the flu vaccine.
- Please note that vaccinations will be delivered in an open plan venue and not in a private consulting room.
- Please only attend if you are due to have a flu vaccine (attend alone if possible, unless it is necessary for you to be accompanied).
- **Please wear a face mask or face covering.**
- Please do not attend if you are unwell.

